



E-mail: arunamesa@rediffmail.com

Educational qualification - **M.Sc., Ph.D (Food&Nutrition)**

**Work Experience: Research : 30;Teaching : 24**

- **Professor, 2013 - till date**
- **Associate Professor, 2002 - 2012**
- **Assistant Professor, 1997 - 2002**
- **Research Assistant, National Institute of Nutrition(NIN), Indian Council of Medical Research(ICMR), Tarnaka, Hyderabad, AP, India (1990-92)**
- **Ph.D in Food & Nutrition Research at P.G & Research Centre, Andhra Pradesh Agricultural University(APAU), Hyderabad, AP, India (1992-1997)**
- **Qualified in National Eligibility Test (NET) (For Lecturership/Assistant Professorship), Agricultural Scientist Recruitment Board (ASRB, ICAR), New Delhi.**

**Research Experience : Research : 30;Teaching : 24**

**Research Publications/Books : International : 16 ; National: 8**

**Seminars/ Conferences :**

**Attended : International : 01; National; 20**

**Participated : International : 09; National; 20**

**Organized : International : 01; National; 01**

**Research Projects : National : 01**

**Ph.D/ MPhils/Post Docs Guided : 07+03 = 10**

**Editorial Board Member/Reviewer : International/ National Journals : 03**

**Seminars/Conferences organized : International : 01; National : 01**

**Special Distinctions/Awards/ Honours (State/National/International only):**

- Founder Members of the Swedish South Asian Network on Fermented Foods (SASNET) Constituted at Anand Gujarat State, India.
- Academic Member in Academic Society for Functional Foods & Bioactive Compounds (ASFFBC), Functional Foods Centre, TEXAS, USA.

**Administrative SPMVV:**

- Deputy Warden, SPMVV Girls Hostels(2004-2007)
- NSS Programme Officer( 1997-2000,2014-2017)
- Assistant Director, Life Long Learning Centre,2012
- Co-ordinator, Ambedker Studies Centre, 2013-2016
- Co-ordinator, B.Voc NHCS Course (2014-2017)
- Organizing Secretary, International Conference, 20-21<sup>st</sup> February,20015
- Head, Dept. Of Home Science, SPMVV(2016-2018,2020-Till date)
- Coordinator, Nutrition and Early Childhood Education(YASHODA), SPMVV, 2018-Till date

**Professional/ Academic/ Administrative Recognitions:**

- Member in Annual Report Committee, SPMVV(2007)
- Life Member in Indian Dietetic Association (IDA), India
- Member in Association of Food Scientists and Technologists(AFST), CFTRI, Mysore
- Life Member in Nutrition Society of India(NSI), NIN, ICMR, Hyderabad, India

**Training Programmes Attended:**

- **Attended UNESCO Regional Training course** “Food Safety through Newer and Advanced Biotechnological approaches CFTRI, Mysore.
- **Undergone training in UKIERI-UGC Leadership Development Programme** for Skill Development Institutes delivered by City and Islington College, London, UK at New Delhi.
- Participated in A Two- day training programme on “ Educational Administration Leadership” sponsored by Govt. of Andhra Pradesh under RUSA.

**Three Best Publications in the (Last 5 Years) :**

- Aruna Mesa, Sumana Araveti (2017) Functional quality, sensorial and shelf life characteristics of Agathi (Sesbania grandiflora (L). Poir leaves enriched breads International Journal of Functional Foods in Health and Disease 2017; 7(6); 429-441 Page 429 of 441, ISSN:2160-3855.
- Aruna Mesa (2019) Proteins, A chapter in a Text Book “ Food Chemistry “by T.Anand(Scientist at DRDO) and Rakesh Kumar Sharma(Scientist at DRDO) Published by New Delhi Publishers, New Delhi-110 039, First Edition, 2019, ISBN: 978-93-88879-14-9
- K. L. Vijaya, Mesa Aruna (2019) Dietary Counseling by Renal Dietician Improves the Nutritional Status of Hemodialysis Patients, Indian Journal of Nephrology | Volume 29 | Issue 3 | May-June 2019; 179-185